

EGO STATE THERAPY INTERNATIONAL



EGO STATE THERAPY CERTIFICATION

EGO STATE THERAPISTS SESSION LOG

Name of therapist: _____

DATE	SESSION TYPE (CIRCLE ONE)	DURATION ACTUAL HOURS	CREDIT HOURS	FACULTY MEMBER	SIGNATURE FACULTY MEMBER
	Personal Session/ Case Consultation/ Group Supervision				
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	Personal Session/ Case Consultation/ Group Supervision				
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	Personal Session/ Case Consultation/ Group Supervision				
	Personal Session/ Case Consultation/ Group Supervision				

Total Hours Completed

Personal EST Sessions	
Individual Case Consultations	
EST Group Supervision	

The Ego State Therapy certification process requires completion of 4 Personal Ego State Therapy Sessions (1 hour each), 4 Individual EST Case Consultations (1 hour each) and 16 Hours of Ego State Therapy Group Supervision with accredited Faculty members.
Please email your completed session log to your ESTI representative and keep a copy for your own records.